

# INTRODUCTORY BIO

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Decorated combat veteran Greg Reynolds defied many odds during his tour in Iraq but it is what happened on the home front that truly changed his life.

In May 2004, Greg returned home from Iraq after a 15 month deployment. Grateful to be back in one piece, Greg spent his time building his military career, working toward completing his degree in Criminal Justice, and had been recruited by the Newport, Rhode Island Police Department.

On June 22, 2008 life as Greg knew it ended. That Sunday afternoon, Greg was heading home on his motorcycle when a driver failed to yield at a stop sign.

With a 1 in 2,000 chance of survival due to massive blood loss, Greg's future was looking grim. Some of his injuries were:

- Traumatic Brain Injury-DAI
- Amputation of left arm, shoulder, clavicle and scapula
- Several broken bones & puncture wounds

In a coma for nearly six weeks, he finally regained consciousness. Greg had to learn how to walk, talk, and eat again. After three months in the hospital he was sent home to continue his recovery.

Greg's participation in adaptive sports clinics around the Nation played a crucial role in his mental, emotional, and social healing.

With a desire to inspire and promote the healing capabilities of a positive and active lifestyle including adaptive sports, MAKIN' LEMONADE was established.

Listen as Greg shares his personal story of triumph over tragedy and teaches you to ARM yourself. You'll never say "I can't" again!